

Laser Tattoo Removal after Care Tips

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1. Please be sure to use an over the counter antibiotic ointment like Neosporin. It is important that you apply the ointment to your skin three times daily and to keep your tattoo covered with a bandage for at least **3 days**. By doing this, you are protecting your damaged and weak skin from infection. After those three days have passed, you **MUST** remove the bandage and expose your skin to the air. The air will help heal and dry out the area exposed to the laser and prepare you for the next treatment. If scabbing happens, you can expect the scabbing to last for **1 to 2 weeks**. We know the scabbing is not pretty and you may want to hide the area and keep it bandaged, but it is best to keep the area exposed after the first **3 days** of treatment.
2. Do not be alarmed by blisters. Blisters can appear **8 hours** after your laser tattoo removal treatment. If blisters are part of your healing process they are normally held between **4-6 days**.
3. Do **NOT** pick the scabs, blisters, or crusts that form after your laser tattoo removal treatment. Picking at the skin directly relates to any scarring that may occur. Allow your skin to naturally heal itself and for the scabs and crusts to fall off when they are ready. Peeling off scabs that are not ready to be removed can result in infection, scarring or even pigment discoloration of your skin.
4. If you are experiencing any type of discomfort or [inflammation](#) after having a tattoo removed you can take [Tylenol](#) and also apply an ice pack **24 hours** after the session.
5. Wear sunblock to protect the area of your skin that received treatment for at least **3 months** after each session. Do not apply make-up or anything that may irritate the healing area. Scented lotions tend to irritate healing skin.
6. You may shower **2 hours** after receiving tattoo removal. However, it is strongly advised that you do not allow high pulsating water to hit the newly treated skin. It is also recommended that you do not swim, soak in a bath or hot tub until scabs and blisters are healed. These areas of water contain a lot of bacteria that can cause infection and scarring.
7. If you are experiencing any other discomfort than what is listed above, mild bruising, or tingling sensations similar to sunburn after your tattoo removal procedure, be sure to contact our clinic immediately or go see a doctor.